



Mooresville Weekly Class Schedule

15 to Fit Method Pilates

Monday

Time	Class Type
8:30 AM	Moderate Paced
9:30 AM	All Level
11:30 AM	All Level
4:30 PM	All Level
5:30 PM	Moderate Paced
6:30 PM	Semi-Private Intro Session

Tuesday

Time	Class Type
6:15 AM	All Level
8:30 AM	Quick Paced
9:30 AM	Precision
11:30 AM	Quick Paced
12:30 PM	All Level
5:00 PM	All Level
6:00 PM	Moderate Paced

Wednesday

Time	Class Type
8:30 AM	Moderate Paced
9:30 AM	All Level
10:30 AM	Semi-Private Intro Session
11:30 AM	All Level
4:30 PM	All Level
5:30 PM	Moderate Paced
6:30 PM	All Level

Thursday

Time	Class Type
6:15 AM	All Level
8:30 AM	Precision
9:30 AM	Moderate Paced
11:30 AM	Quick Paced
12:30 PM	All Level
5:00 PM	All Level
6:00 PM	Moderate Paced

Friday

Time	Class Type
8:30 AM	Moderate Paced
9:30 AM	All Level
11:30 AM	Precision

Saturday

Time	Class Type
8:30 AM	Quick Paced
9:30 AM	All Level
10:30 AM	Precision
11:30 AM	Semi-Private Intro Session

Late Cancel Policy

24-hour early cancellation window, which allows you to cancel at least 24 hours in advance to avoid being charged or losing the session.

- If you cancel before the 24 hour window, you will not lose a session• If you cancel after the 24 hour window, it will count as one of your sessions
- Please use the app to cancel if you can't make it.

Whether it's a class spot or a private session, our instructors reserve that time just for you. Late cancellations affect their ability to fill the space and also impact their pay. We sincerely appreciate your understanding and support in respecting their time and dedication.